

Preparedness

Why, What, How...

Dave Busby – Corvallis Emergency Planning Manager

Stewart Holmes – CERT Member

Aaron Crawford – CERT Member

**Dear Customer, we are
currently out of
Toilet Paper
Bottled Water
and Toothpaste!**

WE APOLOGIZE FOR THE INCONVENIENCE

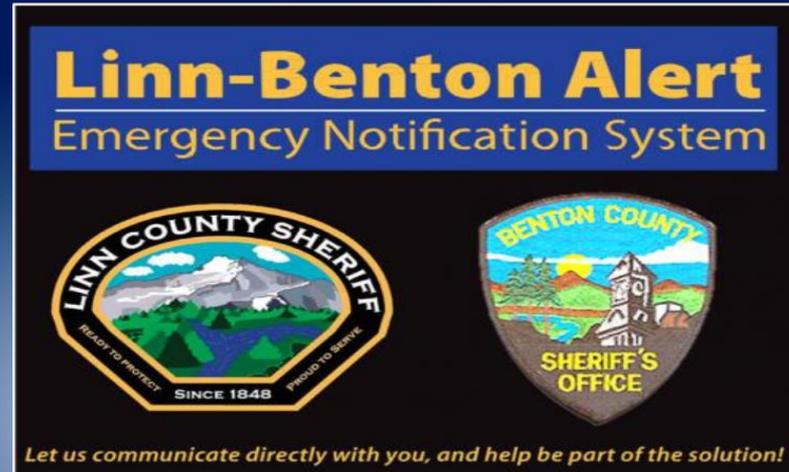
NEXT DELIVERY EXPECTED IN THREE WEEKS!

Preparedness Discussion

- Tonight's discussion is designed to review the process of disaster preparedness.
- This may identify some things you need to work on, and that is okay. Thinking about this now, and taking steps to get prepared will greatly reduce your stress when the next event comes.
- Please join in with an open mind and respect others opinions...

“Be informed about disaster risks”

- ✓ Community Alerts
- ✓ Social Media
 - ✓ Facebook
 - ✓ Twitter
- ✓ Public Media



“Be informed about disaster risks”

- EARTHQUAKE – CSZ, Crustal
- WILDFIRE
- FLOOD
- WINTER STORM
 - Wind, Ice, Snow,
- LANDSLIDE
- DROUGHT
- VOLCANO
- HUMAN-MADE THREATS - PSPS

Build an Individual Plan

1. Bed Kit – Shoes, flashlight, emergency plan
2. Go Kit - 3 Days – Car/shelter
3. Home Kit - 14 days – 2 Weeks Ready – O.R.P.
 - ✓ Communications Plan
 - ✓ Meeting place – local, longer distance
 - ✓ Pet Plan
4. Practice!!
 - ✓ Semi-annual review of the plans, equipment, and your life requirements
 - ✓ Walk-through in a non-stress environment

What is a GO Bag?

- GO = Get Ot (not Grand Oaks) Bag
- When you need to Get Ot
...this is the Bag you Get Out with
- It's not only that backpack or
roll-along bag in the garage!
- It's also what's hiding under your bed!
- Hold that thought!

Why have a GO Bag?

- In Benton County its most likely...
- Wildfires – they're coming and Grand Oaks may be in the way
- Winter storms and resulting power outages are a regular part of other communities' lives. When's our turn?
- Earthquake – In our lifetimes?
- We'll all need more than GO Bags!

When to have a GO Bag?

When will the Alert come?

According to a Red Cross trainer...

- Late in October
- No rain so very dry
- BUT rain coming soon
- Unseasonably cold
- 1 AM and new moon so pitch black

Who will want / need a GO Bag?

- Every person and pet that wants and needs to Get Out
- Parents / adults and caregivers
- Children
- Other dependents
- Pets

Because we're all different.....

What to include in the GO Bags?

- Physical fitness and mobility
- Special health / medical considerations
- Personal care
- Pets
- CONTACT INFORMATION

Where to keep your GO Bag?

Two places

- **Under your bed in a plastic tub**
...for when you first wake up
- **In the garage near your GO vehicle**
... for when you're ready to
load up the GO vehicle

Where to get the stuff?

- Your closets and dresser drawers
- Your boxes of camping equipment
- Bathroom medicine cabinet
- Garage

If not in-house, then go to the “outhouses”

- Bi-Mart
- Big Five Sporting Goods and Peak Sports

How to get motivated?

The \$24,000 question! If you can't answer that you might end up on Jeopardy!

- Forest fire fighter – Hot Shot Crew in Colorado
- Training for Red Cross and CERT
- Stories of friends and neighbors who survived the Paradise and McKenzie River fires
- Red Cross Volunteer with Spanish-only survivors in Eugene shelters

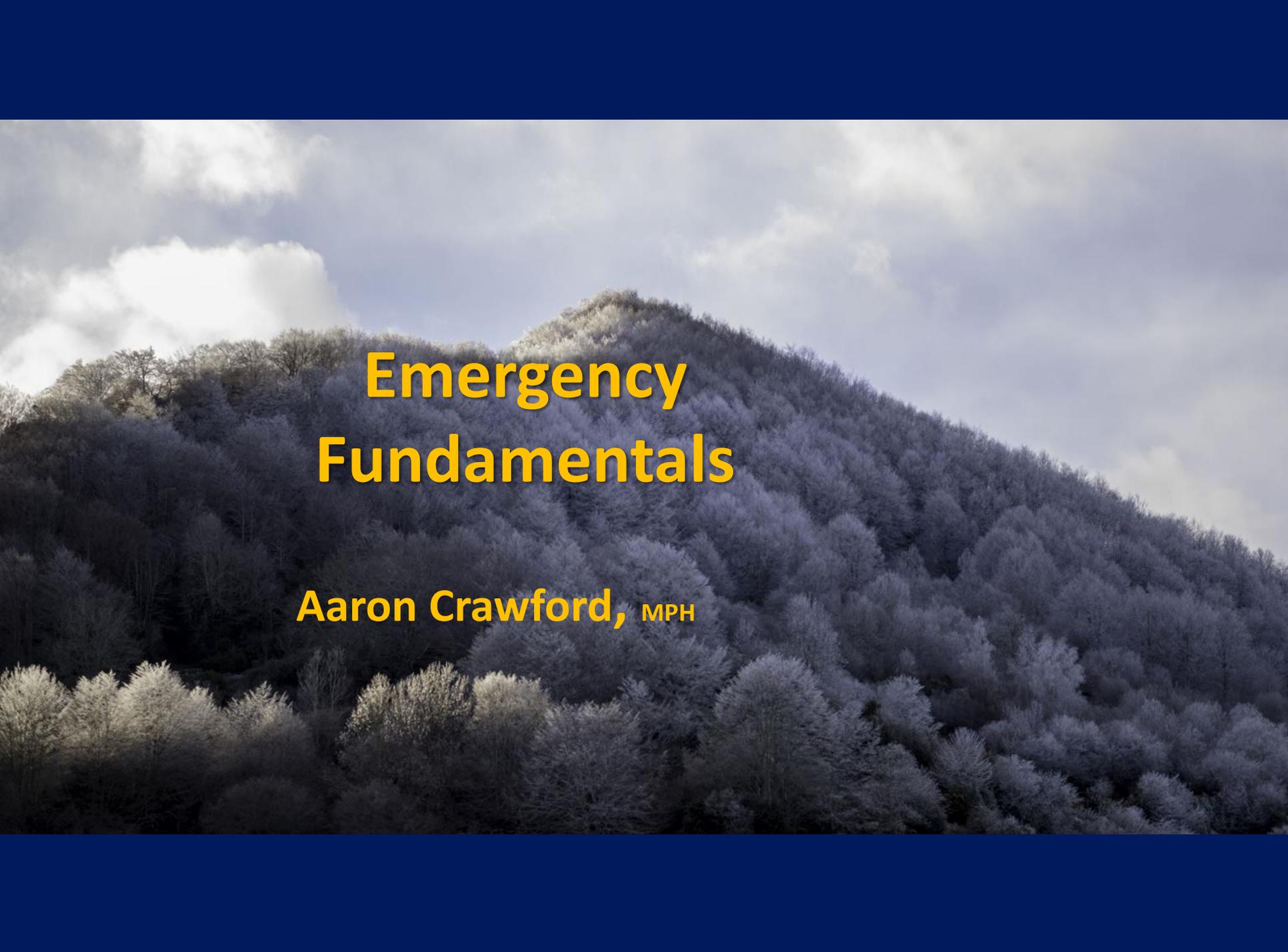
How to motivate yourself?

- Make a game of it with your children
- Bribe your children
- Tell your family you're not going to eat until you put together all the GO Bags
- Get together with friends to exchange stuff, to buy in quantity, to motivate each other

If all else fails ...

Pay someone to do it or buy a "kit" online

BUT BE SURE TO DO IT!

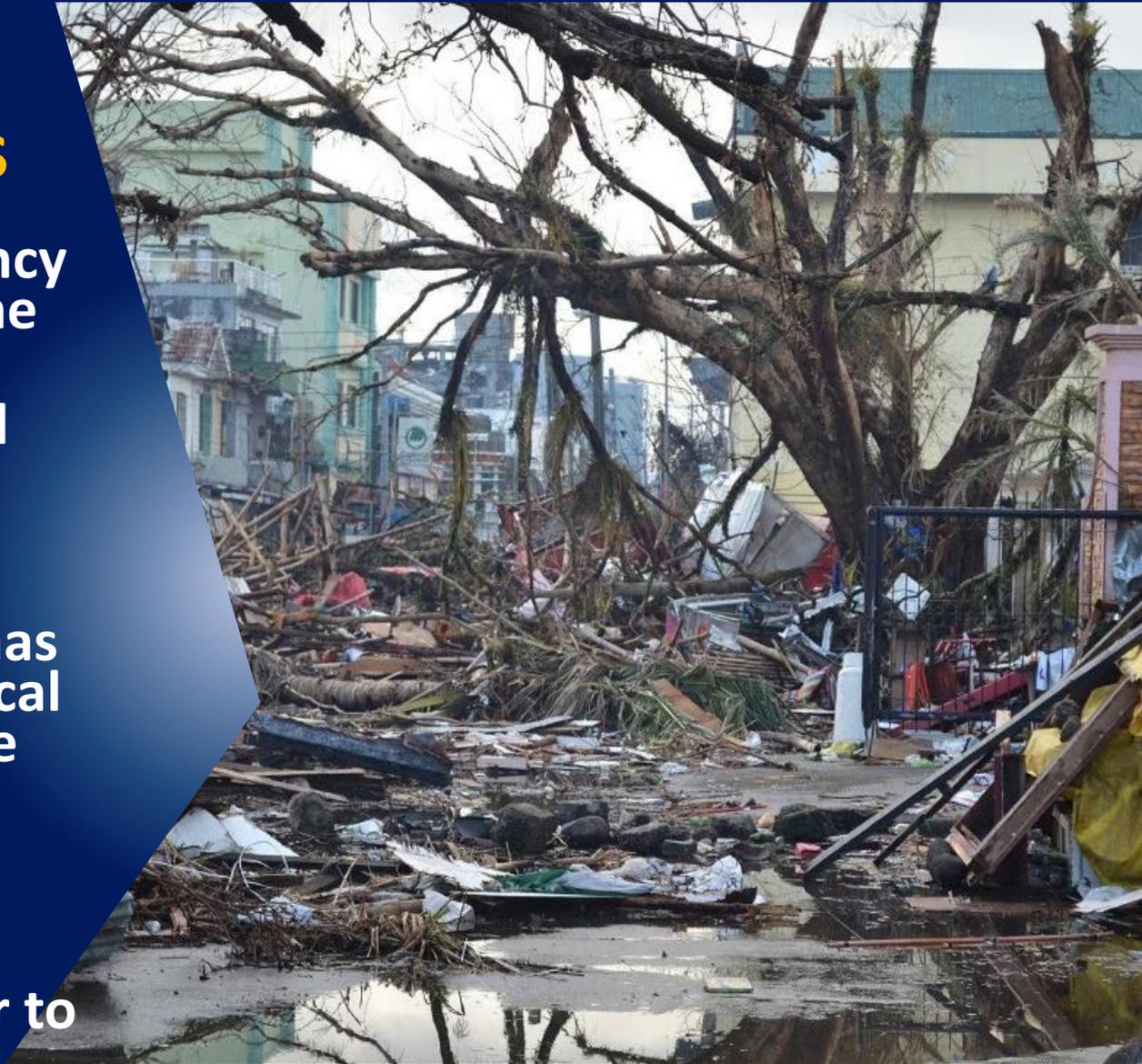


Emergency Fundamentals

Aaron Crawford, MPH

Emergency Fundamentals

- Defining an Emergency Go-Bag: getting home vs. “bugging out”
- What challenges will the hazards we’ve discussed present?
- Regardless of the scenario, our body has the same physiological needs, which may be harder to meet than under normal circumstances .
- In many, if not most situations, it’s better to stay home than to “bug out”



Emergency Fundamentals Continued

- Items needed for more “everyday” emergencies:
- Car accidents: full trauma kit, flares
- Dead batteries (vehicle and phone)
- An unexpected night out in the woods: bringing basic survival items on day hikes



Challenges

- Becoming prepared is much more than just getting “stuff.”
- There’s no point in carrying gear in your bag that you have no idea how to use.
- “The more you know, the less gear you need.”
- Mobility issues and ways to reduce the weight of your bag:
 - Multiuse items
 - Be legalistic about how much you can carry and what you’re likely to need/use
 - Use lightweight backpacking principles and go camping/backpacking
 - Smarter not harder: bag with rollers, game carts, electric bike with a trailer
 - Your vehicle greatly extends your ability to evacuate and carry gear

Common Mistakes to Avoid



- Trying to fit everything you could possibly need for every scenario in one bag.
- Buying a pre-made go-bag that doesn't have everything you need and/or is very expensive.
- Never learning how to use the gear in your bag.
- Not checking your bag and supplies often enough: corroded batteries, expired medication or food, mice or insect problems.
- Focusing too much on go-bags or one aspect of preparedness. Stocking foods and water at home, creating and practicing communication/evacuation plans.



What will your Pets do?

- ✓ Portable carrier for each pet
- ✓ 14 day supply of food and water and bowls
 - ✓ Special Instructions
- ✓ Litter and litter box for cats
- ✓ Medications
- ✓ First aid kit
- ✓ Health records
- ✓ Leashes, collars with identification tags
- ✓ Complete contact information and photo's

Preparedness

- Lifestyle choices and thinking about
“What If”
- Small steps add up big in a disaster
 - How do you like your food?
- What about your neighbors?

What Now?

1. Think through your plans
 - What do I need for the next day?
 - 3 days?
 - 4 weeks?
 - Do not keep it all on your computer!
2. Pick one thing to work on this week
3. Pick three things to work on this month...

DO SOMETHING!

Evacuation Exercise

- The Benton-Corvallis Emergency Operations Center staff will determine when, where, and how shelter and evacuation routes will work
 - No pre-identified routes or locations
- 18 June – “Be Ready” Alert
- 19 June – “Be Set” Alert
- 19 June 0900-1200 (window of exercise)
 - GO Alert = Start your process of evacuation (Safely)
 - Report to a Resource Center for initial check-in
- 29 June 6:30-8pm – Exercise and evacuation process review with all participants

LINKS

- www.ready.gov
 - FEMA Preparedness Guides
- www.oregon.gov/oem/Pages/default.aspx
 - Office of Emergency Management Preparedness Guides
- www.co.benton.or.us/sheriff/page/emergency-alert
 - **Linn-Benton Alert registration**
- www.corvallisoregon.gov/fire/page/corvallis-alert-emergency-notifications
 - **Corvallis Alert registration**
- <https://www.oregon.gov/gov/policy/orr/pages/index.aspx>
 - **Oregon Resiliency Plan – 2018 Update**

THANKS!

Dave Busby

dave.busby@corvallisoregon.gov

541 745-9609

Aaron Crawford

acrawford556@gmail.com

Stewart Holmes

sholmes714@gmail.com